



Teck Northern Dryland Camp Brings 62 Athletes Together at Otway Nordic Centre

First CCBC/Teck-sponsored camp on Caledonia’s paved roller ski track featured high-energy training, mental performance skills, and team-building across three days

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Prince George, B.C. – September 29, 2025 — The first fall weekend of the season brought 62 young skiers from across northern B.C. to the Otway Nordic Centre, where Caledonia Nordic Ski Club hosted the annual Teck Northern Dryland Camp from September 26–28, 2025.

This year’s camp was especially exciting as it marked the first CCBC/Teck-sponsored camp to take place on Caledonia’s paved roller ski track, giving athletes the chance to train on world-class infrastructure in Northern B.C.

Athletes represented eight northern clubs, including 100 Mile Nordics, Bulkley Valley Cross Country Ski Club (Smithers), Caledonia Nordic Ski Club (Prince George), Cariboo Ski Touring Club (Quesnel), Mackenzie Nordique Ski Club, Morice Mountain Nordic Ski Club (Houston), Nechako Nordics (Vanderhoof), and Omineca Ski Club (Burns Lake).

Under the guidance of coaches Tuppy Hoehn, Ali Cadell, Andrea Stapff, and Beth Hillhouse, with support from regional club leaders, athletes completed four roller ski sessions, including a time trial, while the younger Track Attack skiers (22 in total) enjoyed a hike in place of one session. Older athletes also took part in a session on mental performance skills, adding an important layer of psychological training to their physical work.

Despite the cool fall temperatures, the weekend stayed clear of the forecasted rain and wind —the sun even broke through on Saturday afternoon — allowing for focused training, camaraderie, and fun. Between sessions, athletes were fuelled by delicious and nutritious meals prepared by the Caledonia team with help from all participating clubs. A big thanks also goes to the team of dedicated



parents who helped keep the track clear of fallen leaves, ensuring safe and smooth conditions for all sessions.



The camp wrapped up on a high note, with athletes leaving motivated for the season ahead and stronger connections forged among northern clubs.

The Teck Northern Dryland Camp is part of a series of regional training opportunities supported by Teck, aimed at developing cross-country skiers at all levels while building strong club connections across the province.



Photo Credit: Tuppy Hoehn, Andrea Stapff, Robin Ditto, Eleanor Curran

For more information, please contact:

Cross Country BC
Lindsey Olineck
adCOORD@crosscountrybc.ca

Caledonia Nordic Club
Tuppy Hoehn tuppy@caledonianordic.com
Ali Cadell ali@caledonianordic.com

Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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