



EVENT NOTICE
2026 TECK BC CUP #1
January 10 & 11, 2026
BC Cup Series

EVENTS

NOTE: TIMES SUBJECT TO CHANGE

Friday, January 9

10:00 – 16:00 Official training Sprint CL

Saturday, January 10

10:00 – 13:00 Interval start CL

U8 – U10	1 km
U12	2 km (2 x 1 km)
U14	2.5 km
U16 – U18	5 km (2 x 2.5 km)
U20 – older	7.5 km (3 x 2.5 km)

Sunday, January 11

10:00 – 13:00 Mass start FR

U8 – U10	1 km
U12	2 km (2 x 1 km)
U14	3.5 km (2 x 1.7 km)
U16 – U18	5 km (3 x 1.7 km)
U20 – older	10 km (4 x 2.5 km)

Skiers in U14 to Senior categories are seeded based on the most recent Canada Points List. For interval-start distance races, skiers are grouped based on their CPL Distance points and the skiers are drawn randomly within each group. Normally, the highest-ranked group starts last.

Skiers in U12 and younger and Masters categories are unseeded (and drawn). The Interval Start competitions will use 15 second interval starts.

SEEDING If two or more age categories of the same gender are skiing a common distance (for example, U16 and U18 on Saturday) they will be seeded together using the current CPL. These categories will be combined for the start list but separated for results and awards.

LOCATION Caledonia Nordic Centre, 8141 Otway Road, Prince George, BC

HOST CLUB Caledonia Nordic Ski Club

EVENT WEBSITE <https://caledonianordic.com/events/competitions/>

CONTACT Race Secretary at raceoffice@caledonianordic.com

SANCTIONED BY [Nordiq Canada \(NC\)](#) & [Cross Country BC](#)

RULES Competitions will be held in accordance with the most recent **ICR-CCR (Canadian Competition Rules) Precisions** which can be found at the Nordiq Canada's web site.

TECHNICAL GUIDELINES

The Teck BC Cup Series Technical Guidelines gives further directions to the race organizer. The 2025 BC Cup Series Technical Guidelines have been posted at: <https://www.crosscountrybc.ca/sites/default/files/documents/2026%20Teck%20BC%20Cup%20Series%20TG%20v1.pdf>

COMPETITION COMMITTEE

Chief of Competition:	John Aalberg
Competition Secretary:	Patrick Abra
Chief of Timing:	TBD
Chief of Course:	Ed Morrice
Chief of Stadium:	Robert Bell
Chief of Start:	Annie Hayes
Chief of Finish:	Cheryl Moors
Chief of Competition Control:	Carolyn Thorp

JURY TBD, Technical Delegate
John Aalberg, Chief of Competition
TBD, Jury member

REGISTRATION Registration and fee payment is online only at [Zone4](#)
Registrants are responsible for checking the Zone4 confirmation list
Coaches are required to register through Zone 4 - no fees are charged

RACE ENTRY DEADLINE

Entry Deadline is Monday, January 5, 2025 at 11:59 pm PST
LATE ENTRIES MAY BE ACCEPTED BUT WILL BE AT AN EXTRA FEE (100% increase)

CANCELLATION	Any advance cancellation of the event will be by Cross Country BC in consultation with the organizing committee and the Technical Delegate. A decision to cancel one day of competition, or cancel races for specific age categories due to the snow or weather conditions during an event will be made by the Jury.
REFUND POLICY	In the occurrence of cancellation, a refund of registration fees less administration and event expenses already incurred will be provided post-event. No refunds will be made if an athlete does not participate in race(s). Zone4 online booking fees are non-refundable.
LICENSES	Participants registered in the U14 through to the Masters categories are required to hold a current FIS Licence, Nordiq Canada Race Licence, an Associate Race Licence or a Tier 2 Event Licence (formerly a SMDL). U12 and younger categories do not require a licence to compete but must be members in good standing of a Nordiq Canada affiliated club. Biathletes and athletes from other Nordic disciplines must have a valid Nordiq Canada Racing Licence or Tier 2 Event Licence to compete.
START LISTS	Start lists will be posted on Zone4 by end of day Wednesday January 7
RACE OFFICE	The event Race Office will be in a cabin adjacent to the shooting range fence, and will be open from 7:30 - 16:00 on race days and 09:00 – 16:00 on the official training day.
BIB/CHIP PICKUP	Bibs will be distributed to clubs or teams outside the Race Office the morning of each event day (from 07:30 – 09:00). Timing chips will be distributed at the start. Please return all bibs and timing chips at the finish line whether you finish the race or not.
CONCESSIONS	No event concessions are available, but lunch (sandwiches) can be ordered (per club) through our food coordinator prior by Thursday January 8 th : volunteers_competitions@caledonianordic.com
FACILITIES	A heated Day Lodge with indoor washrooms will be open, but not for congregating. Portable toilets will be located close to the stadium and waxing areas.
PARKING	Please park in the designated parking lots according to the direction of the parking staff.
FIRST AID	Ski Patrol will be available near the finish area; located in the Ski Patrol room beside the rental shop in the Day Lodge. A snowmobile w/toboggan will be available if needed.
TRAIL FEES	Trail fees (for January 9, 10 and 11) are included with the registration

- COURSE MAPS** Please see the end of this document for course maps for the different age groups. Also find the course maps on the web site.
- WAX FACILITIES** Three ca. 10 x 16 ft wax cabins (adjacent to the biathlon range fence) are available for rent at the venue (cost of \$150 for the weekend). Additional tent space will be available along the biathlon fence behind the wax trailers. All tent space will be free of charge but hookups to electrical outlets will be \$25/outlet (teams must provide their own extension cords). For payments and booking of wax cabins (first come, first serve), please contact the Race Secretary at raceoffice@caledonianordic.com

WARM-UP/WAX TESTING

Glide wax testing areas and warm up courses are provided near the cross-country stadium. No warm-up or wax testing on the competition courses is allowed during the competitions. Please see the end of this document for maps showing the testing/warm-up areas.

WAX PROTOCOL

Please see: [CCBC Protocol Regarding the Use of Fluorinated Waxes](#)

Adherence to this protocol is the responsibility of coaches, parents and wax technicians.

**WEATHER FORECAST
SNOW CONDITIONS**

Please see Caledonia Nordic Centre [web cam](#) and [weather station](#)

AWARDS

Event awards will be presented near the finish area. A preliminary time schedule for the misc. awards' categories is provided on page 1 of this document (may change after the registrations are finalized).

INDIVIDUAL AWARDS

U8	All will receive a Teck participant ribbon
U10 to U16	Teck medals for top 3 finishers by YOB Teck ribbons for 4th and 5th finishers
U18	Caledonia Nordic Ski Club medals for top 3 by YOB
U20 U23 Senior Masters (each age category)	Caledonia Nordic Ski Club medals for top 3

ACCOMMODATION

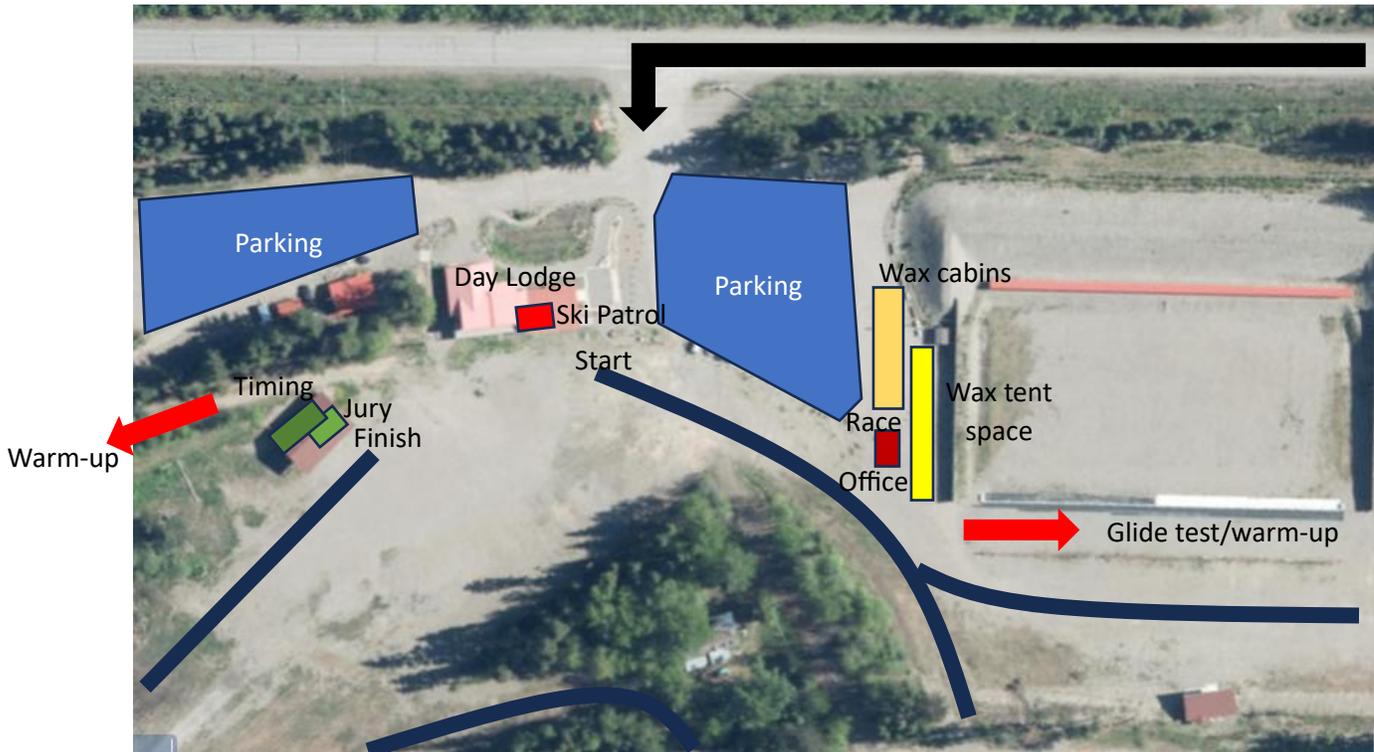
Visit Tourism Prince George at www.tourismpg.com for information on accommodations and local services. Ph: 250-562-3700 or 1-800-668-7646.

RACE CATEGORIES, RACES, COURSES, FEE:

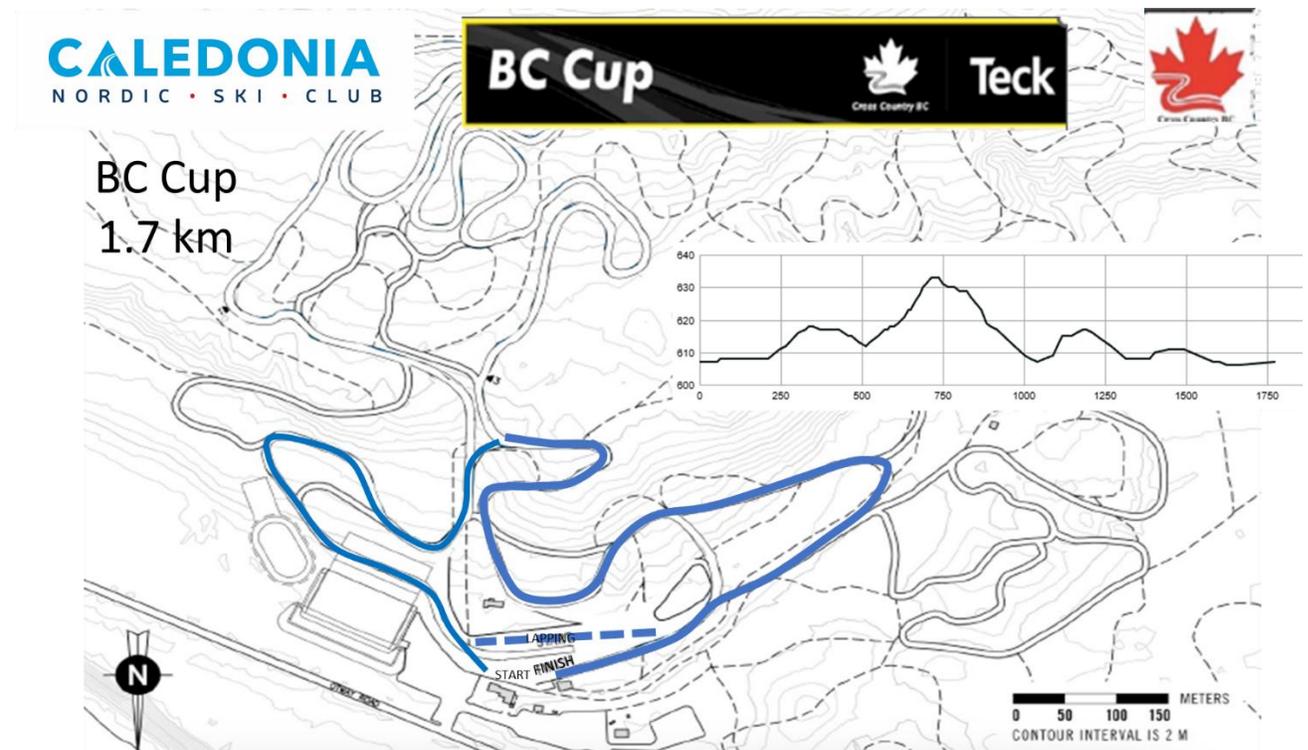
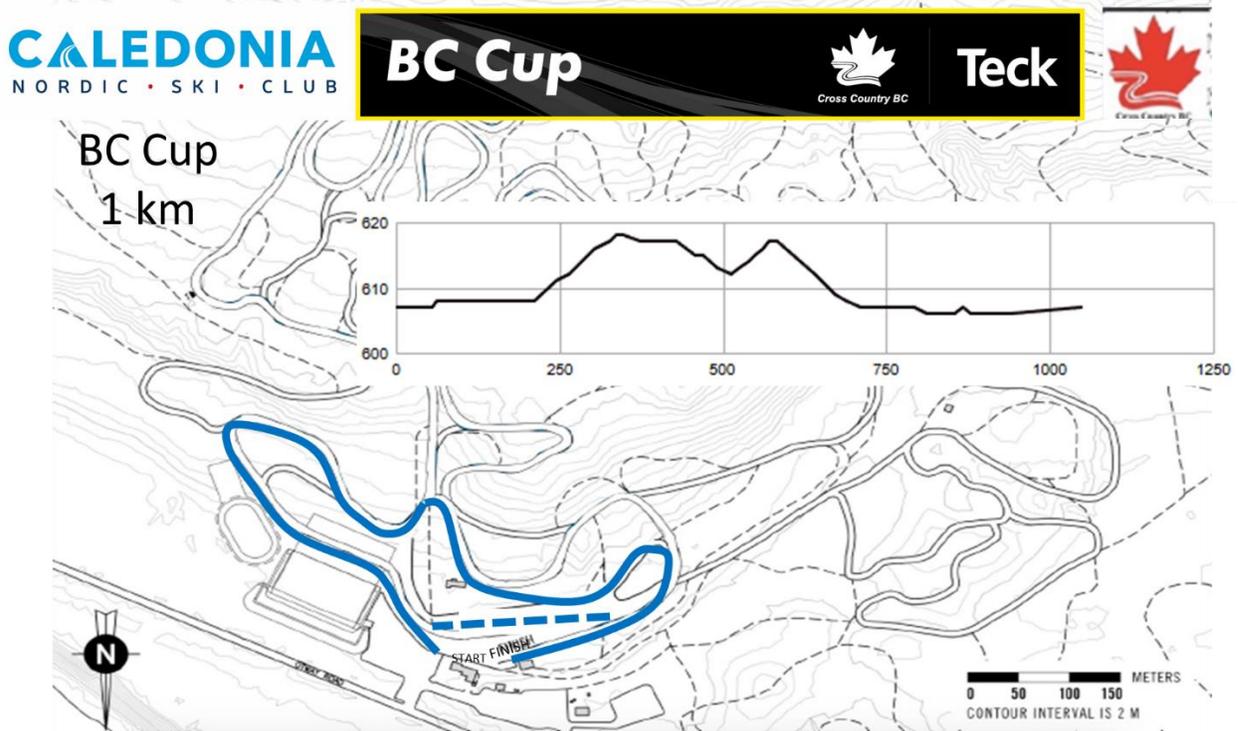
Category	Sub Category	Year of Birth	Sat, January 10 Interval start Classic Technique	Sun, January 11 Mass Start Free Technique	Fee (\$)
U8 Boys	U8B-1, U8B-2, U8B-3	2020 - 2018	1 km	1 km	12
U10 Boys	U10B-1, U10B-2	2017, 2016	1 km	1 km	20
U12 Boys	U12B-1, U12B-2	2015, 2014	2 x 1 km	2 x 1 km	20
U14 Boys	U14B-1, U14B-2	2013, 2012	2.5 km	2 x 1.7 km	25
U16 Boys	U16B-1, U16B-2	2011, 2010	2 x 2.5 km	3 x 1.7 km	25
U18 Boys	U18B-1, U18B-2	2009, 2008	2 x 2.5 km	4 x 2.5 km	25
U20 Men		2007, 2006	3 x 2.5 km	4 x 2.5 km	25
U23 Men		2005 - 2003	3 x 2.5 km	4 x 2.5 km	30
Senior Men		2002 - 1996	3 x 2.5 km	4 x 2.5 km	30
Masters Men 30 - 39		1995 - 1986	3 x 2.5 km	4 x 2.5 km	35
Masters Men 40 - 49		1985 - 1976	3 x 2.5 km	4 x 2.5 km	35
Master Men 50 - 59		1975 - 1966	3 x 2.5 km	4 x 2.5 km	35
Masters Men 60 & older		1965 +	3 x 2.5 km	4 x 2.5 km	35
Para Nordic		Open	TBD	TBD	25

Category	Sub Category	Year of Birth	Sat, January 10 Interval start Classic Technique	Sun, January 11 Mass Start Free Technique	Fee
U8 Girls	U8G-1, U8G-2, U8G-3	2020 - 2018	1 km	1 km	12
U10 Girls	U10G-1, U10G-2	2017, 2016	1 km	1 km	20
U12 Girls	U12G-1, U12G-2	2015, 2014	2 x 1 km	2 x 1 km	20
U14 Girls	U14BG1, U14G-2	2013, 2012	2.5 km	2 x 1.7 km	25
U16 Girls	U16G-1, U16G-2	2011, 2010	2 x 2.5 km	3 x 1.7 km	25
U18 Girls	U18G-1, U18G-2	2009, 2008	2 x 2.5 km	4 x 2.5 km	25
U20 Women		2007, 2006	3 x 2.5 km	4 x 2.5 km	25
U23 Women		2005 - 2003	3 x 2.5 km	4 x 2.5 km	30
Senior Women		2002 - 1996	3 x 2.5 km	4 x 2.5 km	30
Masters Women 30 - 39		1995 - 1986	3 x 2.5 km	4 x 2.5 km	35
Masters Women 40 - 49		1985 - 1976	3 x 2.5 km	4 x 2.5 km	35
Masters Women 50 - 59		1975 - 1966	3 x 2.5 km	4 x 2.5 km	35
Masters Women 60 & older		1965 +	3 x 2.5 km	4 x 2.5 km	35
Para Nordic		Open	TBD	TBD	25

CALEDONIA NORDIC VENUE EVENT LAYOUT



COURSE MAPS (SUBJECT TO CHANGE)



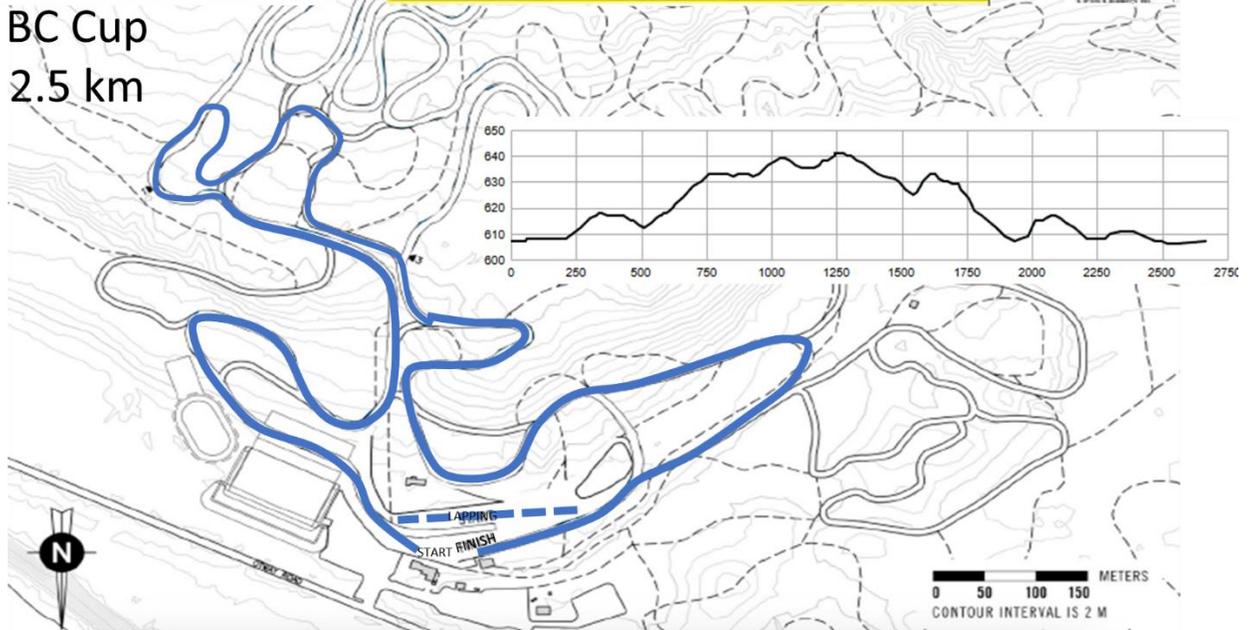
CALEDONIA
NORDIC • SKI • CLUB



Teck



BC Cup
2.5 km



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THANK YOU FOR YOUR SUPPORT



*Linda & Laurie
Cook*



Caring for our community

