

Okanagan Cup



Teck



RACE NOTICE

Teck Okanagan Cup #3
Saturday February 14, 2026



RACE EVENT:	Saturday February 14, 2026
	Free Technique - Mass Start – 10:30 am
RACE ENTRY DEADLINE:	Wednesday February 11, 2026 – 23:59 PST LATE ENTRIES WILL NOT BE ACCEPTED
LOCATION:	Sovereign Lake Nordic Centre - 22 km east of Vernon, B.C. in Silver Star Provincial Park
HOST CLUB AND EVENT WEBSITE:	Sovereign Lake Nordic Club Okanagan Teck Cup 2026 – Sovereign Lake Nordic Club
RACE ORGANIZING COMMITTEE:	Head of Competition: Shane Pearce – ph:250-550-5278 Head of Course: Neil Hendry Head of Timing & Results: Chris Williamson Head of Stadium: Andrew Casey Competition Secretary: Tanya Hostyn & Leah Volkers - race@sovereignlake.com

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REGISTRATION:	<p>Registration for all categories will take place online at Zone 4 Registration. Coaches <u>must</u> register on Zone4 (no fee).</p> <p>Racers and Coaches must check the confirmation list on Zone4 to ensure they are registered in the correct age and gender categories. Please contact the Competition Secretary at race@sovereignlake.com with any registration corrections or questions.</p>
LICENSES:	<p>All race fees over \$5 will incur a \$3 Nordiq Canada tier 3 event license fee. This fee is in addition to the SLNC race fees listed below. Zone4 will add this \$3 fee/race automatically during registration.</p> <p>The license is only valid for the competition day for which it is issued. It is required of all participants in a Tier 3 event, regardless of whether they hold a Nordiq Canada Race License, Development License, or Associate Race License.</p>
WAIVERS:	Waivers must be accepted at online registration on Zone4.

RACE CATEGORIES <i>*Start times are approximate and will be finalized based on registrant numbers and finalization of the start list.</i>					
	Category	Start Time*	Birth Year	Distance	Fee
	U6	10:30 am	2020	500 m	\$4
	U8	10:35 am	2018/2019	1 km	\$4
	U10	11:15 am	2016/2017	2 x 1 km	\$10
	U12	11:40 am	2014/2015	2.5 km	\$15
	U14	12:20 am	2012/2013	1 x 3.75 km	\$15
	U16	11:55 am	2010/2011	2 x 2.5km	\$20
	U18	12: 40pm	2008/2009	2 x 3.75km	\$25
	U20	12:40 pm	2006/2007	3 x 3.75km	\$30
	Senior	12:40 pm	1996-2005	3 x 3.75km	\$30
	Masters	12:40 pm	1995 and earlier	3 x 3.75km	\$30
Para Nordic Sit/Stand	10:45 am	Appropriate courses and distances to be determined after registration.		\$25	

Note: This is a free technique event. We anticipate that many athletes in the U6 and U8 categories will choose classic technique as skate is not typically introduced at these ages.

ADDITIONAL INFORMATION

RULES AND TECHNICAL GUIDELINES:	Nordiq Canada Rules and Regulations are available here . Teck Okanagan Cup Series Technical Guidelines are available here .
START LISTS:	Start lists will be available online at Zone 4 (zone4.ca) by no later than Friday February 13, 2026, at noon (12:00pm).
SEEDING:	There is no seeding for this event. Skiers will be grouped according to their category and their position determined by a normal draw procedure on Thursday February 12, 2026.
RACE OFFICE:	The race office is a small log cabin located behind the Technical Building at the start/finish line. Hours on Saturday February 14, 2026, from 9:00 am – 1:00 pm.
PARKING:	Parking is limited, so please make efforts to reduce the number of vehicles your team brings to the main parking lot.
BIB & CHIP PICK-UP:	Bibs will be sorted by club. Please send one club representative to the race office to pick-up bibs. Bibs will be available for pick up by 90 minutes before the race start. Chips for each race will be picked up in the start area before each race. Each racer is responsible for ensuring they arrive at the chip pick-up early enough to pick up their chip before the start of the race.
COURSE MAPS:	Maps of the race courses will be available before the event on the event website here . Skiers will be responsible for knowing their course prior to the races.
WAXING PROTOCOL:	This race will be governed by the CCBC Waxing Protocol, available here .
WAXING FACILITIES:	There is space for team tents between the lower parking lot and the day lodge. Teams must supply their own wax tents. Power outlets are available. The SLNC Wax Cabin is not for use by ski teams and is reserved for the general skiing public throughout the event. The race course will be available for wax testing prior to the start of the event. The race course will close 5 minutes prior to event start. Please do not wax test on the race course once the event has started. Wax testing can continue on trails outside the race course.

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FACILITIES & FOOD SERVICES:	<p>There will be smokie sale to support athletes traveling to Nationals. \$10 for a combo (includes one smokie, one beverage, and one treat). Food can be pre-purchased on Zone4 during registration or purchased onsite.</p>
TRAIL PASSES:	<p>Trail passes for race day are included with race fees for coaches and competitors only. Passes must be purchased for any use of the trails by anybody other than Coaches and Athletes or for use of the trails on any day outside of the race day.</p> <p>Sovereign Lake Nordic Club reserves the right to remove athletes from events (without refund) if they are discovered skiing at Sovereign without a trail pass.</p> <p>You may purchase additional training day tickets for other days online or at the ticket windows outside the day lodge.</p>
TRAIL CONDITIONS AND WEATHER:	<p>See trail report at: https://www.sovereignlake.com/conditions/trail-report/</p> <p>Up-to- date weather information for the SLNC area is available at the SLNC weather station here. Nearby Silverstar Resort also has weather forecasts available here.</p>
AWARDS:	<p>Awards ceremonies will be held for all categories receiving medals. Participation ribbons will be handed out at the finish line.</p> <ul style="list-style-type: none">• All athletes in U6 and U8 categories will receive Teck participation ribbons.• Athletes in U10 to U16 categories will receive Teck medals for the top 3 finishers for each birth year and Teck ribbons for the 4th and 5th place finishers for each birth year.• Athletes in the U18, U20, Senior and Masters categories will receive medals (top 3) provided by the Sovereign Lake Nordic Ski Club. <p>As this is the final event in the Teck OK Cup Series, the Club Aggregate Award will also be awarded at the completion of the event.</p>
CANCELLATION and REFUND:	<p>In the event of cancellation of the entire event, a refund of registration fees less administration and event expenses already incurred will be provided.</p> <p>A refund of individual registration fees will only be provided for medical reasons and if the Competition Secretary receives notification with medical documentation prior to the registration closing. After registration is closed no refunds will be provided.</p>